

Why Do You Want to Maintain Coherency? **By Toni Elizabeth Sar'h Petrinovich**

What is the great emphasis on coherency? Is it really that important? If it is, why don't more people (especially the medical profession or religions) emphasize this state of vibratory state of living? Could it be that being self-empowered through your heart's dynamic voice doesn't fit in with the domination of the masses through fear?

In a mechanistic world where most scientific investigation is purely repeatable experiments and in which religions are based on fear, a concept derived from the state of your frequency wavelength is not common knowledge. Yet there are many scientific research institutions working on the qualitative and quantitative applications of coherency in health - mentally, emotionally and physically. Let's apply it to spiritual well-being, as well.

Not only is coherency the underlying principle of all systems within this dimension, without it the natural world (that includes you) would die. It is loss of coherency that promotes dis – ease and, eventually, death.

The basic idea of coherency is that the troughs and crests (ups and downs) of your energy wavelength are equal. It doesn't matter what the frequency may be (how fast the wave goes up and down). It is simply important that when measuring the phase of the wave (any portion in a given time period) that the reading is consistent in amplitude (up and down measurement). This type of energy wave supplies the necessary foundation for communication of all types from radio waves to the intuitive hits you receive from your heart as the voice of your soul.

Coherence is a wave property enabling constant interference. In this case, the idea of interference means the addition of two or more waves that creates a new pattern. When interfering, two waves can add together to create a larger wave (constructive interference) or subtract from each other to create a smaller wave (destructive interference) depending upon their relative phase. The phase is a fraction of a wave that has elapsed relative to any given point.

Each of the bodies constituent parts (brain, heart, organs, muscles, etc.) rely on an entrained, synchronized participation. Since the heart carries the strongest electromagnetic signal within the body, when it is coherent the remainder of the systems follow suit more easily, including the brain. They

become "entrained". This entrainment allows more biological systems to resonate within the same frequency creating harmony.

An authentic state of well-being felt throughout your system (all of your bodies) creates a state of coherency which floods your field with the coherent light of which you are composed. A state of incoherency creates disruption within the phase of frequency. It is disconnected, out of alignment with the natural status of nature (hence, the word) and out of resonance with that which is coherent and thriving in your environment.

Speaking for your soul, your heart knows what feeling, thought, word and action (or inaction) is best suited to your soul's expression on a moment-to-moment basis. When you resist the heart's urging, its intrinsic message, relying instead upon the conditioned patterns of your brain waves, you set up a stressful pattern within your body creating incoherency.

While defining a state of coherency as a logical, orderly and consistent relation of parts may give it standing in a scientific treatise, the same definition conjures up a completely different picture when you apply it to yourself. Your bodies (physical, emotional, mental) rely on this state of congruity to maintain healthful life. When you want to make life-enhancing decisions that align with the path of your soul, your brain/mind complex relies on coherency within itself to do so. If you want to sit in meditation and receive answers from Cosmic Consciousness (connected within your Higher Self), the communication relies on coherency to transmit the information.

Your bodies, your life, and the divine mission of your soul are dependent upon your living in a coherent state. It is the natural condition of your being. It is what activates the responses you desire within the Law of Attraction which I call the *Principle of Resonance*. It is the basic principle behind the optimal operation of PCAR – phase conjugate adaptive resonance.

From living joyfully and well in the physical world to having consistent meditative states, from being able to communicate easily with others to tapping into the Cosmic Mind, all of your faculties rely on your consistent congruency and coherency. There is nothing more valuable than aligning with the message you brought to this earth – consciously and with a depth of awareness enabling you to fulfill your deepest yearnings for your life. What could be more important?