

The Light Orbs on Casting Your Shadow

We have anticipated your desire, perhaps you would consider it a need to understand, what you believe is coming – both in the further time that you call your New Year and also with reference to what you can expect subsequent to the initiation into your awareness of The Presence.

So, you are now closing the year of 2009. This is your last month – this December time when your nights become long and your days appear shorter. So let us talk about the dark – the night of you – the shadow of you because it is this shadow that we are engaging together with that which you are calling the light of you in issuing in your awareness of your Presence. And, yes, it is **your** Presence because it exists within the abyss of you, the depths of you – far beyond your reasoning. So we would say, first, stop trying to understand how it works, what you are to do next, how it is going to affect your world, why you and not someone else – solely, plainly and simply – STOP – until you do, you will not perceive the quintessence of our words.

So, we want to tell you that we have a want and we know that our wanting it does not make it so for you – yet, we are wanting it just the same and so we are allowing ourselves to set up an expectation – an expectation of **you** – for 2010. This is not a goal you are to set for the New Year. It is not a resolving that you do around the starting point of the next piece of your continuum. It is simply a wanting that we are going to express to you and those who hear us will begin to want it, too – and then, so shall it be.

So, for the purposes of this conversation, we would like you to put your attention in the middle of your body at the point above your navel – your sun network, your solar circuitry or, as you like to call it, your solar plexus where you are connected to what you experience as your luminousness – I believe you sometimes call this your light body – oh, it is so much more than a body, you know, a vehicle – it is your essence, the stuff of you – it **is** where you **are**. So, place your attention on this space and then take a big deep breath of your air – inspire yourself through inspiration.

How does it feel? Does it feel relaxed? Does it feel tight? How are you emerging from this place where the central sun of you lives? You can feel the transparency of it – it operates much like a compass telling you when you are on or off – and by that we mean when you are **you** or are being

someone else. That **is** what The Presence is about for you – locating your essence and then making it your own transparently so that everyone sees it in you, everyone experiences you as your essence in every single quality that you can possibly attribute to you – your life. So, how to do that, huh?

So, the first attitude that is good to take, to be able to see is to realize that the seeking you are doing is the part that you wish to prolong. This is the shadow of you – it is the place that you want to pretend does not exist because once you own it, then you have to stop looking, you see – then you have to admit that "being a seeker", looking for your essence in all of the nooks and crannies of your life is what keeps you going and once you realize that, well, the only thing left to do then is to stop looking because your new awareness points to how pointless it is.

This is the stuff of alchemy. It is taking your mind/brain composite which is **very** concerned with who you are, how you represent yourself and how you affect others and changing it into the empathy that once only resided within your heart. And it is taking your heart that actualizes your cosmic love and interprets it through its compassion refining its focus to express your Presence within the Whole so it no longer matters who you are, how you represent yourself and how you affect others.

As this occurs, all of your energy wheels that you call your chakras align with the circuit that is forged between your mind/brain and your heart assimilating them into one constant frequency of your Presence containing and exuding your Essence into all that is. The "I" of you is now perceived as a collective "I"; it is the One "I", the only "I" and that is the originating point of all that you are, feel, think, say and do. Then, the utter aspects of your emotions, the energy emanating within and from you is the naked force of you. You are dauntless, audacious, indomitable. Fear no longer carries meaning for you. Where can apprehension live when there is only one "I"?

Focus on your sun center; feel the strength, fortitude, potency, stability, tenaciousness that lives within you. In the Presence of your Essence there is no unease, no trepidation – only excitation of the cells as your coalesced energy forces actuate a radical shift in your reality.

This is what we are wanting – it is the essence of your Presence. It is the radical, essential, primal aspect of you – yes, we know you fear your shadow – yet, it is only your shadow because you are standing between it and the sun

within you – you are standing in the way of actually seeing your Light Body – your luminousness, because you won't accept the parts of you that you believe don't suit your constant search for spirituality.

Our wanting is for you to dive head-first into all of the aspects of you that terrify you, alarm, appall and horrify you because until you do that – until you wrap yourself up in total, utter completeness of you, your search will be infinite. Turning away from any facet of you, hiding it behind a veil where even you won't look, is the dividing line between you and the essence of your Light.

Our wanting and hence our expectation is for you to become so immersed within the convergence of you with all of your perspectives that the idea of searching for truth, seeking a spiritual life and groping for your soul will become the shadow you embrace. Then you will be approaching something close to what you believe you want – and you will find out that there is nothing to want at all – it was allure, only allure – all this time, distracting you from the center of the sun within you – only that.

And if you are wondering why we would want, we will tell you this – we are wanting for you because we know it is something that you understand.