

Creating a Radiation Shield

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Kelp, potassium iodide, miso, calcium, lysine . . . it's all good ~ very good ~ in assisting the body from binding with the radiation that is pouring down upon the world from the Fukushima nuclear reactors. It *is* important that you pay attention to what your physical body requests of you during times of unusual earthly events.

Yet, I would ask, "Do you know the divine and natural shielding that your body comes fully equipped with? Are you aware of your birthright as a human being ~ that is, God in form?"

You, and all of nature of which you are a part, has a ready shield in place for any type of frequency that would damage the system. This shielding is coherency. So what does that really mean? It is the property of your frequency wavelength when each individual wave is in phase with every other one. Basically, the troughs and crests (the up and down or oscillation) of the wavelength are equal. This allows for resonance and also harmony.

While this may seem a bit "way out" for some of you, consider this: the cell receptor within the human body that accepts the neuropeptide causing a sense of joy is the same shape as the cold virus. So, if your cells receptors are not filled with the chemistry of joy (think of a key in an old-fashioned keyhole), you are wide open for a cold virus to insert itself into your receptor.

So, too, coherent wavelengths. When you are vibrating in a state of coherency, you only resonate with other coherent frequencies. Incoherency or chaos does not resonate with you.

How you do this:

First, know that your physiology "reads" the radiation as deadly and naturally (through its birthright) does not resonate with it. The radiation is not in harmony; in fact, it is very much out of harmony since energetically it is created by fission or separation (the splitting of the nucleus of the atom). Since this splitting emits the energy once contained within the atom, this action begins the death of the constituents of the atom or incoherency.

You create coherency within your body when you are in a state of well-being and harmony. You are remembering your Divine Union within your body. You are authentic, compassionate, aligning with love, peace, joy and appreciation.

What this means to you right now is that some housecleaning or "tidying up" might be in order. What creates strife, anxiety, fear or anger within you? In what ways are you compromising your Divine nature? So that people will like you? Your boss will praise you? Others in your life will approve of you? Is it worth incoherency, losing your most natural line of defense, to maintain these positions?

Remember, the Principle of Resonance states that like attracts like. Incoherency can only attract itself. Coherency can only attract harmony and well-being.

At the same time, also remember that your body is composed mostly of water (at least physically; actually, you are 99% space). Water responds to the thoughts and feelings you hold within your mind and heart. (*See the work of Dr. Emoto at www.hado.net*). Your relationship with the water in your body is your other line of defense since it also responds to coherency. Now you have two shields 1) a coherent wavelength and 2) that coherent frequency influencing the water in your body which alters its molecular shape in alignment with your most Divine Nature.

Basically, what you are doing in this practice is aligning yourself with life. You are setting up a frequency shield that does not allow incoherent (read that "deathly") frequencies to enter. Just as you use software programs to create material on your computer, so, too you program your wavelength and the water in your cells to only accept and retain one type of material – that which is life enhancing.

Now is the time to clear your energy field so as to set up the perfect frequency for your own Divine participation in this enormous earthly transformation. It is not a time for fear, anger or frustration. It *is* a time to step out front and claim your birthright as *Divinity in form* by aligning yourself with the Source of All That Is. You are Divine Consciousness in a physical body. You have every ability to create your own radiation shield because you **are** that shield.